



# **Body Language: Amazing Body Language Guide to Help You Recognize Whether People's Feelings are True or Fake (body language, body language secrets, body language attraction)**

*Joan Hunter*

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Do you sometimes get the sense that a situation with other people is not quite as it seems? Do you often struggle to understand what others expect of you? Is nervousness preventing you from taking risks that could slingshot you on the path to success in your personal and professional life? Interacting with other people can be a challenging and exhausting aspect of daily life, and a potent source of stress for many. A little study and practice in reconnecting with the instinctive intuitions of the human animal can enable you to harness the hidden power of body language as a tool to establish your place among your peers.

## **In this book, we examine some of the fundamental concepts associated with non-verbal communication. You can learn how to:**

- Implement appropriate, positive body language to create the right first impression.
- Identify positive and negative gestures that give away how others are feeling.
- Equip yourself with the mentality and awareness to recognize the non-verbal cues that surround us.
- Recognize the common indicators of deception and act to protect yourself and others from it.

This book can't promise to mould you into a Jedi master, but it can equip you with some basic, powerful tools to improve your day-to-day life.

## **We examine three important situations where an understanding of body language can be helpful:**

- On a first date
- At a job interview
- When you suspect someone is lying

Learn the simple process of reconnecting with the animal inside that survived for millennia without spoken or written language. Tip the scales for situations where your nerves and those of others could be an obstacle to success. Grow as a human being to fulfill your potential.

# Getting Your FREE Bonus

Download this book, read it to the end and see "**BONUS: Your FREE Gift**" chapter after the introduction and conclusion.

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**Cynthia Briscoe:**

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