

Social Skills: The Social Skills Blueprint: Become A Master Of... Communication, Body Language, Charisma & Charm (How To Talk To Anyone, Connect Instantly, ... Self-Esteem, Eye Contact, Alpha Male)

David S. Walton

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We all have to learn and use many different social skills in our daily interaction and communication with others. This eBook outlines several of those social skills and discusses the various ways of using them, as well as tips for mastering them. Regardless of the situation, the following skills will help you to communicate more effectively and build stronger social relationships with people.

In this eBook you will learn things like:

Body Language: Since more than half of our communication is nonverbal, it is important to recognize the various signals of body language and how to use them. These different signals include our facial expressions, eye contact, gestures, posture, and personal space. We have to fully understand these body language cues so that we can use them in our communication with others, as well as observe them in the people around us.

Charm: Being able to make the people around you feel good by your own actions is a very powerful social skill to have. There are many ways to charm others. These include having control of your own life, your appearance, how you socialize, talking to everyone, being selfless, giving compliments, and being positive. **Charisma:** Very similar to charm, is a quality known as charisma. Being charismatic is being able to make other people feel good simply by being around them. Although many people think that charisma is an innate quality, it is possible to practice and learn charismatic qualities. Some of the qualities detailed in this eBook are confidence, optimism, interest, intelligence, and sensitivity. Charisma and charm are arguably two of the most important social skills to learn because they improve not only your own life, but also the lives of those around you.

Understanding different social skills, the factors involved in them, and how to improve them can lead to a higher quality of life. Mastery of these skills results in more positive relationships, better communication, more career opportunities, and more personal happiness. This eBook can help you take the steps to master these skills and reach all of these goals.

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