



# **The Bedside Dream Dictionary: Hundreds of Symbols to Unlock the Mysteries of the**

*Silvana Amar*

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What images recur in your dreams? Money? Rivers? Windows? Kangaroos? Castles? Now there is a new, handy way to track your dreams and better understand them. Based in modern psychology, *The Bedside Dream Dictionary* was created by Silvana Amar. In it, she explores hundreds of the most common dream symbols and their meanings and shines new light on the mysterious, dark world of sleep. She offers fascinating and insightful revelations about such symbols as:

- Flying
- Death
- Roman gods
- Wheat
- Aliens
- Castles
- Dancing
- Falling
- Ghosts
- Mazes
- Penguins
- Marriage
- Insects
- Fences
- Stars

Small enough to keep on any nightstand, this practical guide also includes a “dreamer’s notebook” for dreamers to jot down recollections as they awaken. Now, there is no longer any need to constantly wonder what that weird dream last night meant. Open the pages of *The Bedside Dream Dictionary* and discover what your subconscious mind is trying to tell you!

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