



Human Alchemy: Ritorno alla natura (Italian Edition)

Enrico Barberis

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Le antiche pratiche dell'alchimia erano fondate su una visione analogica del Macrocosmo e del microcosmo, operando sui quattro elementi che costituiscono l'essenza di ogni cosa: Terra, Acqua, Aria e Fuoco. Nell'uomo, ossia il microcosmo, questi elementi trovano la loro corrispondenza rispettivamente nel corpo fisico, nelle emozioni, negli schemi di pensiero e nei corpi energetici. Lavorando su di essi secondo le leggi naturali è possibile operare la trasformazione della materia trattata, fino ad ottenere il ristabilirsi delle condizioni di salute e benessere che dovrebbero essere proprie della vita. Mediante la consapevolezza del funzionamento di queste parti e la loro purificazione attraverso pratiche ed esercizi specifici, è infatti possibile liberarli dai vincoli che ne impediscono la piena espressione, esattamente come un tempo gli alchimisti facevano sulla loro materia prima per trasmutarla nella sua essenza più pura e preziosa. Oggi più che mai c'è bisogno di risposte complete e risolutive. Human Alchemy è questo: una tecnica che permette di agire sull'essere umano nella sua interezza attraverso il ripristino delle condizioni fisiologiche ottimali nel corpo fisico e nei corpi sottili, al fine di correggere gli errori ed i blocchi che limitano il fluire delle energie per avere finalmente accesso ad una vita di pienezza vibrante.

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