



Anxiety Attacked (MacArthur Study)

John F., Jr. MacArthur

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SAY NO TO FEAR AND ANXIETY

So many things to worry about and so little time to worry! Christians obviously are not immune to the troubles of life, and when troubles *do* come we're urged to rise above them and experience "peace that passes understanding." But how, in day-to-day life, does that really happen? While numerous books have been written on overcoming anxiety, *Anxiety Attacked* goes beyond pop psychology's temporary cures by returning us to our only true source of comfort and victory—Scripture. John MacArthur compassionately demonstrates from such passages as Matthew 6:25-34, Philippians 4:6-9, and 1 Peter 5:5-7 God's concern about our anxious situations, and helps us appropriate His resources for dealing with them calmly, yet effectively.

So when anxiety attacks, attack anxiety!

Dr. John MacArthur, Jr. is Pastor of Grace Community Church in Sun Valley, California, and President of The Master's College and Seminary. Known for his dynamic expository preaching, John is heard daily on the "Grace to You" syndicated radio broadcast and has a cassette ministry that has distributed more than eight million tapes. His many books include *The MacArthur New Testament Commentary* series, *The Gospel According to Jesus*, *Our Sufficiency in Christ*, *How to Meet the Enemy*, *Saved Without a Doubt*, and *God: Coming Face to Face with His Majesty*.

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