



The Pharmaceutical Myth: Letting Food be Your Medicine is the Answer for Perfect Health

Gerald Roliz CNC

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A drug-pushing pharmaceutical sales representative turned nutritionist takes you on a journey to understand why prescription pharmaceuticals fail to meet our health expectations. This book provides a clear view behind the pharmaceutical smoke and mirrors to reveal the true path to healthy living, free of disease. When we acknowledge food as our best source of nutrition, we can regenerate organs, resolve symptoms and embrace a long lasting health. It's that simple. In order to address the underlying causes of any health challenge, we must take a deeper look into the history and application of effective whole-food nutrition. That is what The Pharmaceutical Myth reveals. Your health and the health of your family will never be the same.

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