



The Vegan Cheese Bible: Ditching Dairy Products Has Never Been Easier

Riki Berko

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Ditching Dairy Products Has Never Been Easier! One of the biggest complaints my vegan friends have about their choice of vegan diet is that they miss cheese. They miss having cheese on their pizza, toasted cheese sandwiches, and cheese in pastas amongst other cheesy delights. Being vegan is a lifestyle choice taken because people don't want to consume animal products, damaging chemicals or hormones that are round in our everyday foodstuffs. It is a choice for a healthy, balanced diet, which is kind on the body and also on the animals that share this beautiful planet with us. this recipe book brings you much happiness as you work your way through the many cheese recipes and add them to your daily diet. **Here Is a Preview Of What You Will Find...**

- Vegan Mozzarella, Parmesan, Cottage
- Vegan Halloumi, Soft cream, Gouda
- Different Vegan Yogurts
- Sweet Cheeses, Spicy Cheeses
- Different Variations of Nuts Cheeses
- Much, much more!

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