



The Great Meat Cookbook: Everything You Need to Know to Buy and Cook Today's Meat

Bruce Aidells

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In the last decade since the publication of Bruce Aidells's hugely successful *The Complete Meat Cookbook*, called by the *Washington Post* "authoritative" and "all-encompassing," the world of meat cookery has changed radically. With the rise of small farmers and the Internet, a more diverse supply is available— not only of beef, pork, lamb, and veal, but also of bison, venison, and goat. Today's shopper confronts a host of bewildering, often misleading labels: "certified organic," "humanely raised," "vegetarian diet," and many more.

Whether the cook shops at the local farmers' market or the supermarket, *The Great Meat Cookbook* is the definitive guide to the new landscape. In sidebars illustrated with color photographs of each cut, Aidells shows how to pick the best steaks, chop, roasts, and ribs. With hundreds of recipes, including "Great Meat Dishes of the World" like Beef Fillet stuffed with Parmesan and Proscuitto; budget-friendly dishes like Melt-in-Your-Mouth Pork Shoulder; speedy dinners like Mushroom-Stuffed T Bone Lamb Chops, and charcuterie and sausage selections, Aidells provides all the information needed for juicy results every time.

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Herbert White:

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Antoine Anderson:

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