



# How To: Frugality Is Not Being Cheap: How Small Tweaks Create MASSIVE Changes

*Nikko Villa*

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Live a life of frugality which is not being cheap but living within your means and getting rid of unnecessary spending habits.

This will be your ultimate guide to understanding frugality and help you in making small tweaks to your everyday living that can create massive changes to your life. At the end of the book, our objective is that you will be able to learn the principles that we will be discussing in the following chapters..

Here Is A Preview Of What You'll Learn...

-Changing your Mindset- What people think of you, having gratitude, and the "pay now, play later" thinking.

-Be On Track- Keep track of your expenditures, Live within your means, Set goals for yourself, and planning a budget.

-Cut Down Your Expenses

- If You Can Do It Inside, Don't Go Outside

-Increase You Income

-and...Much, much more!

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