



Loving Hands: The Traditional Art of Baby Massage

Frederick Leboyer

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The international classic—the ancient art described and illustrated with 70 of the author's own photographs.

In *Loving Hands*, the renowned obstetrician uses his deep insight into childcare—as well as knowledge gleaned from traveling in India—to show how to use the flowing rhythms of the art of baby massage to communicate love and strength to infants in the weeks and months following birth. The book explains the simple techniques of the massage by following a radiant young mother as she communicates to her children through the primal language of touch and sensation.

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