



# **Swimming: Swimming Made Easy- Beginner and Expert Strategies For Becoming A Better Swimmer (Swimming Secrets, Tips, Coaching and Strategy Guide)**

*Ace McCloud*

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## **Caution: This Swimming Book Is So Effective That It Can Make You An Incredible Swimmer!**

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Swimming is one of the greatest sports and exercises of all time. It can be extremely fun and exciting with much less chance of injury. Swimming is something you can do your whole life and get great amounts of joy and pleasure from it.

In this masterful guide on Swimming Techniques, you will **Discover The Best Swimming Secrets And Strategies To Maximize Your Swimming Potential!** Whether you are just starting out or if you are looking for that edge in competition, this is the book you are looking for. Stop trying to guess at what you think is the best course of action and start doing things the right way that really get great results! This guide will easily explain to you some of the best diving techniques, stroke techniques, explosive turning techniques and swimming techniques.

**Becoming a Better Swimmer is just a read away!**

## **Here Is A Preview Of What You'll Discover...**

- Easy To Understand & Step By Step Instructions For Swimming Better
- Advanced Strategies for Becoming A Powerful Swimmer
- The Best Nutritional Strategies & Foods For Swimmers
- How To Be A Better Diver & Have More Explosive Turns
- Exercises & Drills That Increase Both Your Strength & Your Swimming Skills
- Mental Strategies for Swimmers
- How To Swim Faster & More Smoothly Through The Water
- The Optimal Techniques for Each of the Four Major Strokes
- Much, much more!

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