



# **A Parent's Guide for Suicidal and Depressed Teens: Help for Recognizing if a Child is in Crisis and What to Do About It**

*Kate Williams*

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## **A Parent's Guide for Suicidal and Depressed Teens: Help for Recognizing if a Child is in Crisis and What to Do About It** Kate Williams

Ms. Williams helps those of us who are parents recognize the signs of a child in crisis; how to find immediate, effective help; and how to deal with ongoing adolescent issues, including depression.

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