



# Life's Secrets: Why You Don't Need All That S#!@

*Ashley Zimmerman*

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**Life's Secrets: Why You Don't Need All That S#!@** Ashley Zimmerman

If you look like a good candidate for the next episode of Hoarders, this book just might be your lucky ticket. Not only will you have a step-by-step guide to cleaning out all your s#!@, you'll also learn why you feel the need to keep it and how you can begin the process of mentally letting go. This is a book on minimalism, organizing, cleaning out, and... well, on why you just don't need all that shit.

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