



The Unburdened Heart: Finding the Freedom of Forgiveness

Suzanne Eller

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The Unburdened Heart: Finding the Freedom of Forgiveness Suzanne Eller

The word forgive is not, as many people think, one dimensional. It does not just mean let go and let God, a challenge for anyone who has experienced traumatizing abuse, injustice, neglect, or abandonment. In *The Unburdened Heart*, Suzanne Eller explores with readers the multiple facets of forgiveness found in the Scriptures, focusing in particular on the idea of leaving one place to go to another. Anyone can, with the help of God's Spirit, leave pain to find wholeness, leave regret to find purpose, and leave the past to live fully in the present. *The Unburdened Heart* uses the power of story along with biblical teaching to lead readers into healing and a forgiving lifestyle.

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Maria Gardner:

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